

## CASE STUDY

# Multi-Collection Capabilities

**POWERING MICROBIOME DISCOVERY IN CANCER** 



To collect multiple biospecimen and data types over time from cancer patients and healthy volunteers for host-microbiome biomarker discovery in cancer research.



CHALLENGES

- Identify eligible late-stage cancer patients to collect several different sample types from, at once, and over several in-home visits.
- 2. Standardize the collection and processing of samples across the entire participant cohort.
- 3. Complete long-term health status follow-up at 6 months.



SOLUTION

Online recruitment strategies allowed for rapid screening of eligible patients. Direct-to-patient, in-home specimen collection eased the burden of participation, particularly for stool and urine sample types.

## **Can Gut Microbes Enhance Cancer Treatment?**

In recent years, the dynamic interplay between the microbiota, tumor microenvironment, and the immune system has been thrust into the forefront of scientific research. The complex and constantly changing relationship between these three biological entities has revealed important factors related to inflammation, oncogenic gene expression, and cancer progression.<sup>1</sup> Most interestingly, the finding that the microbiota exerts a strong influence on the efficacy of specific cancer treatments, such as immunotherapies.<sup>1</sup>

Identifying the microbiota repertoire that favors therapeutic response and targeting this composition to improve therapeutic effectiveness represents a novel avenue for intervention. Unraveling this intricacy throughout cancer's disease course requires an integrated approach using advanced computational tools combining microbiome and host multi-omics data-driven systems biology.<sup>2</sup>

## **Study Requirements**

Participants	<ul> <li>250 cancer patients receiving either chemotherapy or immune checkpoint inhibitors</li> <li>60 unmatched healthy control participants</li> </ul>
Commitment	<ul> <li>Whole blood, urine, stool, and buccal swab samples collected at each of the three in-home visits within a 4-month study period from cancer patients and healthy control volunteers</li> <li>Medical record-based health status update at 6 months post study completion</li> </ul>
Downstream Analyses	<ul> <li>Host microbiome biomarker discovery associated with a positive response to select cancer therapies</li> </ul>

# Delivering A Direct-To-Patient Approach for Microbiome Discovery in Cancer Research

Our direct relationship with patients allowed us to rapidly recruit eligible participants for researchers studying the interplay between microbiome dysbiosis and several cancer therapeutics. Sanguine's experienced team of phlebotomists regularly visited each patient's home to collect four specimen types at each of the three visits over a 4-month long period.

The importance of maintaining such relationships was essential for the study sponsor to follow-up long-term with participants. We successfully pulled medical records of the participating cancer patients after 6 months to provide health status updates post-completion of the initial study timeline, thereby enriching the data researchers initially received.



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### 818-462-8290 www.sanguinebio.com

# **In Conclusion**

Altering the microbiome through probiotics, personalized microbiota cocktails, or other therapeutic interventions that look to eliminate or supplement certain microbes could be harnessed to increase cancer treatment and remission success. Such scientific progress requires large-scale rigorous pre-clinical and clinical studies to unravel the mechanisms responsible for a rather complex relationship.

Supporting this host-microbiome research meant researchers could rationally design microbial-based therapeutic studies as a part of personalized cancer treatment strategies that aim to maximize survival and remission. Our nationwide patient reach, competency with rapid recruitment, mobile biospecimen collection, and long-term follow-up capabilities are particularly advantageous for driving research studies dependent on difficult-to-procure sample types from hard-to-reach patient populations. Sanguine's innovative model is flexible to meet each research program's unique needs—from study design to recruitment to execution and completion.

#### REFERENCES

- 1. Helmink BA, Khan MAW, Hermann A, Gopalakrishnan V, Wargo JA. The microbiome, cancer, and cancer therapy. *Nat Med* 2019; 25(3):377–388.
- Xavier JB, Young VB, Skufca J, et al. The Cancer Microbiome: Distinguishing Direct and Indirect Effects Requires a Systemic View. <u>Trends Cancer 2020</u>; 6(3):192–204.

